My Reading Stars

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Read a book or listen to a story

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Kindness Counts

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Do one kind thing for someone

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Morning Routine Hero

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Finish your morning routine

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Brush & Shine

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Brush your teeth

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Tidy-Up Champion

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Put toys and supplies away

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Homework Helper

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Finish one learning activity

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Alphabet Superstar

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE

MY GOAL

Practice a letter or sound

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30

MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Counting Champion

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE

MY GOAL

Practice counting or numbers

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30

MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Bedtime Routine Stars

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE

MY GOAL

Follow your calming bedtime routine

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30

MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Little Artist

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Make or finish a creative project

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Helping Hands

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Help with a small home task

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Healthy Habits

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Choose a healthy everyday habit

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Outdoor Adventurer

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Play or explore outdoors

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Positive Choices

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Practice a kind, safe choice

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Practice Makes Progress

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE

MY GOAL

Try a skill you are learning

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Listening Superstar

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Practice listening and taking turns

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Big Feelings, Calm Steps

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Try a calming strategy

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Sharing & Taking Turns

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Share or take turns with care

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

Movement & Play

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Move your body in a fun way

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.

My Weekly Wins

A flexible chart for small steps and big smiles

CHILD'S NAME

START DATE



MY GOAL

Celebrate one small win today

01	02	03	04	05	06
07	08	09	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30



MY REWARD

Add a sticker for each attempt or success. Praise effort and progress.