My Week: The 7 Days

Name _____ **Date** _____

Read the 7 days in order. Then fill in the lines at the bottom.

1	Sunday	Weekend	Picnic
2	Monday		Painting
3	Tuesday		Ball game
4	Wednesday		Music
5	Thursday		Bike ride
6	Friday		Pizza night
7	Saturday	Weekend	Swimming

Today is _____ **Yesterday was** _____

Tomorrow is _____ **My best day is** _____

Tip for parents and teachers

Say the days in order together, Sunday to Saturday, and point to each one as you say it. The yellow tags mark Saturday and Sunday. Some families have a different weekend.

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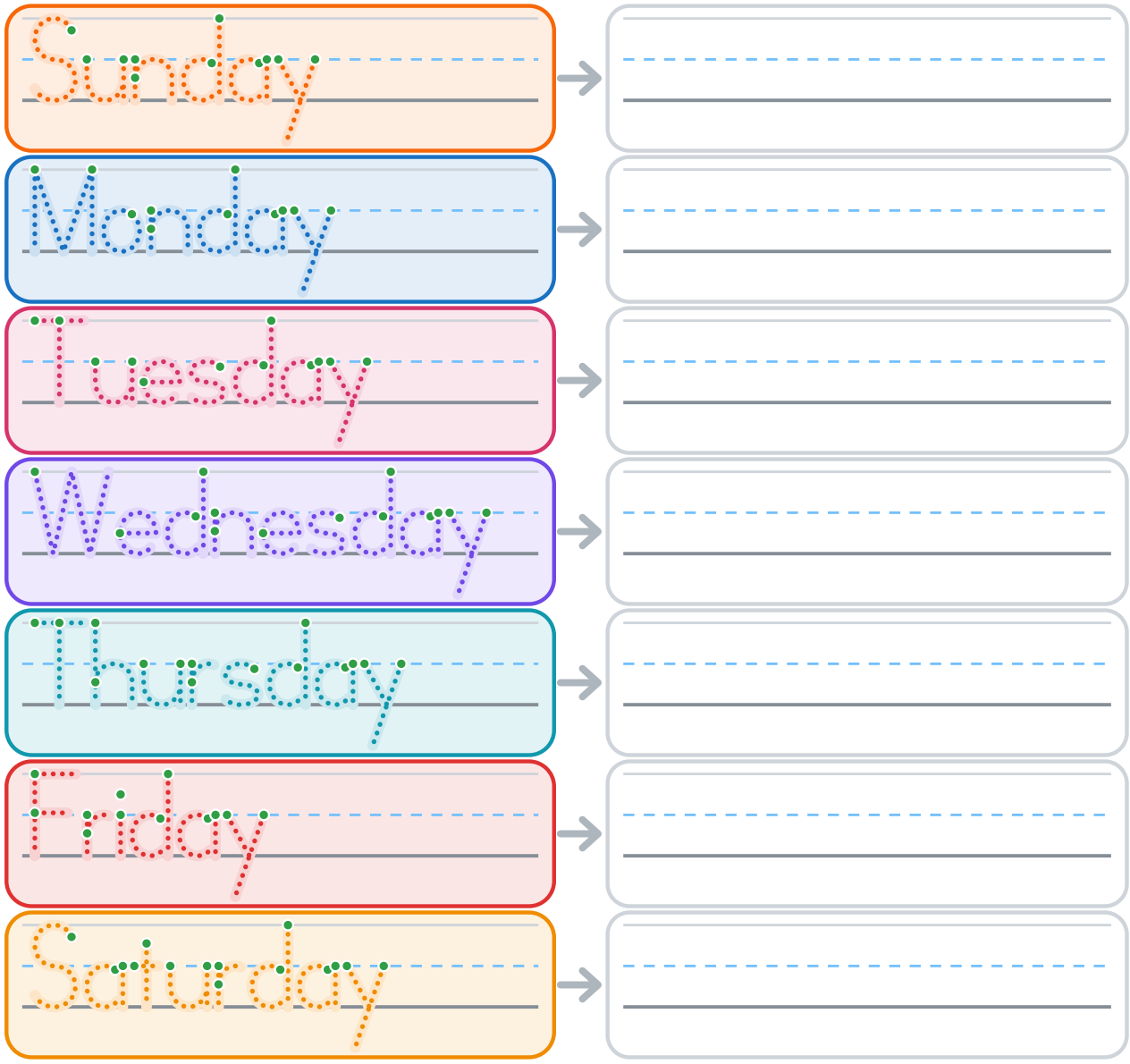
Trace the Days of the Week

Name _____ **Date** _____

Trace each day with your pencil. Then write it on the lines.



Tip for parents and teachers

Start at the green dot and follow the dots. Say the day aloud while you trace it.
Notice that every day starts with a capital letter and ends with the letters -day.

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Missing Days of the Week

Name _____ **Date** _____

Read the days in order. Write the missing day in each box.

Word bank

Friday | Wednesday | Sunday | Thursday
Tuesday | Saturday | Monday

Sunday		Tuesday
	Wednesday	Thursday
Thursday	Friday	
	Saturday	Sunday
Monday	Tuesday	
Friday	Saturday	
Wednesday		Friday

Tip for parents and teachers
Read each row and ask: which day is missing? Which day comes before it, and after it? Check with the word bank. After Saturday the week starts again with Sunday.

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What Day Comes Next?

Name _____ **Date** _____

Read each question. Circle the right day.

1 **Today is Monday. What day is tomorrow?**

Sunday | Tuesday | Friday

2 **What day comes after Wednesday?**

Tuesday | Saturday | Thursday

3 **Yesterday was Friday. What day is today?**

Thursday | Saturday | Sunday

4 **What day comes before Tuesday?**

Monday | Wednesday | Sunday

5 **Today is Saturday. What day is tomorrow?**

Friday | Sunday | Monday

6 **Today is Thursday. What day was yesterday?**

Friday | Tuesday | Wednesday

7 **What day comes after Sunday?**

Monday | Saturday | Thursday

Tip for parents and teachers

Say the sentence aloud and count on your fingers. The week goes round and round, so after Saturday comes Sunday again. Ask the same questions about real days at home.

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Put the Days in Order

Name _____ **Date** _____

Number the day cards 1 to 7. Then write the days in order.

Day cards: write 1 to 7

- ○ Wednesday
- ○ Saturday
- ○ Sunday
- ○ Thursday
- ○ Tuesday
- ○ Monday
- ○ Friday

My week in order

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Tip for parents and teachers
The week here starts on Sunday (1). If your school week starts on Monday, change the numbers to match, then check the order together.

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Weekdays and Weekend

Name _____ **Date** _____

Write each day under Weekdays or Weekend. Then count the days.

Day cards

Friday | Sunday | Wednesday | Saturday

Monday | Thursday | Tuesday

Weekdays

Weekend

Count the days

Weekdays ☐

Weekend days ☐

Days in a week ☐

Tip for parents and teachers

Weekdays are Monday to Friday and the weekend is Saturday and Sunday. If your school has a different weekend, change the headings and talk about it together.

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Parts of the Day

Name _____ **Date** _____

Look at the picture. Circle the part of the day when it happens.

 **Put on pajamas**	Morning	Afternoon	Evening	Night
 **Eat breakfast**	Morning	Afternoon	Evening	Night
 **Play at the park**	Morning	Afternoon	Evening	Night
 **Eat dinner**	Morning	Afternoon	Evening	Night
 **Rooster crows**	Morning	Afternoon	Evening	Night
 **Eat lunch**	Morning	Afternoon	Evening	Night
 **Switch off the lamp**	Morning	Afternoon	Evening	Night
 **Take a bath**	Morning	Afternoon	Evening	Night

Tip for parents and teachers

Talk about your own day: what do you do in the morning, afternoon, evening, at night? Routines differ, so accept any sensible answer your child can explain.

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Months: January to June

Name _____ **Date** _____

Trace each month. Then write it on the lines.

1. January → _____
2. February → _____
3. March → _____
4. April → _____
5. May → _____
6. June → _____

My birthday is in _____

Tip for parents and teachers
Say the month, clap its syllables (Jan-u-ar-y), then trace it from the green dot.
Find your child's birthday month first and talk about what happens in it.

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Months: July to December

Name _____ **Date** _____

Trace each month. Then write it on the lines.

7 July →

8 August →

9 September →

10 October →

11 November →

12 December →

My favorite month is _____

Tip for parents and teachers

Say the month, clap its syllables, then trace it from the green dot. Which month is it now, and which comes next? Chant all twelve months to remember the order.

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Complete the Months

Name _____ **Date** _____

Use the word bank to write the missing months in order.

Word bank

October | February | July | December | June | April

1 January

2 _____

3 March

4 _____

5 May

6 _____

7 _____

8 August

9 September

10 _____

11 November

12 _____

This month is _____

Tip for parents and teachers

Say the twelve months in order before you start. January is number 1 and December is number 12. Use the numbers in the circles to work out which month is missing.

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Read the Calendar

Name _____ **Date** _____

Look at the calendar for May. Answer the questions.

May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9 ★	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1 How many days are in May?

2 What day of the week is May 1?

3 The star is on May 9. What day is it?

4 How many Sundays are in May?

5 What is the date of the second Friday?

6 What day of the week is May 31?

Tip for parents and teachers

Count the days with your finger from the 1. The month starts on Wednesday, so the first boxes are empty. Compare with a real calendar on your wall.

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My Weekly Planner

Name _____ **Date** _____

Write or draw one thing you will do each day this week.

Ideas


Picnic


Painting


Ball game


Music


Bike ride


Pizza night


Swimming

Sunday	On this day I will
Monday	On this day I will
Tuesday	On this day I will
Wednesday	On this day I will
Thursday	On this day I will
Friday	On this day I will
Saturday	On this day I will

Tip for parents and teachers

Plan the week together on Sunday: one small thing each day, like painting or a bike ride. At the end of the week, talk about which day was the favorite and why.

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