FREE PRINTABLE

PRESCHOOL WORKBOOK

VOLUME 1 • WEEKS 1 TO 12

60 activity pages • Ages 3 to 4

Learn • Play • Grow • Shine

AGES 3–4

- Letters A to I
- Numbers 1 to 9
- Colors and shapes
- Senses, body and family



KidsTracing.com

My Progress Tracker

Name _____ **Date** _____

Workbook 1: weeks 1 to 12

Color a star each day when you finish the page. Ask a grown-up to sign at the end of each week.

		Mon	Tue	Wed	Thu	Fri
Week 1	Hello, Friends! All About Me	☆	☆	☆	☆	☆
Week 2	My Classroom and My Day	☆	☆	☆	☆	☆
Week 3	Letter A · Number 1 · Red · My Body	☆	☆	☆	☆	☆
Week 4	Letter B · Number 2 · Circle · My Senses: Seeing	☆	☆	☆	☆	☆
Week 5	Letter C · Number 3 · Blue · My Senses: Hearing	☆	☆	☆	☆	☆
Week 6	Letter D · Number 4 · Square · My Senses: Smelling	☆	☆	☆	☆	☆
Week 7	Letter E · Number 5 · Yellow · My Senses: Tasting	☆	☆	☆	☆	☆
Week 8	Alphabet Review: A to E	☆	☆	☆	☆	☆
Week 9	Letter F · Number 6 · Triangle · My Senses: Touching	☆	☆	☆	☆	☆
Week 10	Letter G · Number 7 · Green · My Feelings	☆	☆	☆	☆	☆
Week 11	Letter H · Number 8 · Rectangle · My Family	☆	☆	☆	☆	☆
Week 12	Letter I · Number 9 · Orange · My Home	☆	☆	☆	☆	☆

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All About Me

Name _____ **Date** _____

Hello, friend! Tell us about you.

1. My name is...

A grown-up can write your name here for you to trace.

2. I am this many years old. Circle your age.

3 4 5



3. My favorite color is... Circle it.

4. This is me! Draw yourself.

Draw your face, your hair and your clothes

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Lines and Curves

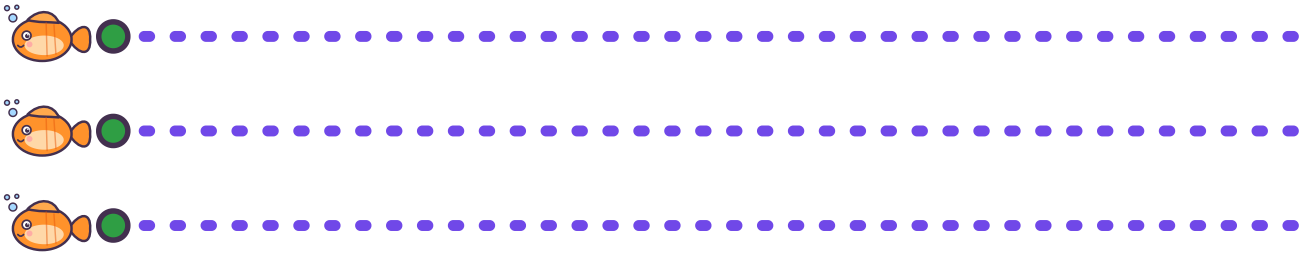
Name _____ **Date** _____

Get your pencil ready! Start at the green dot and follow the dots.

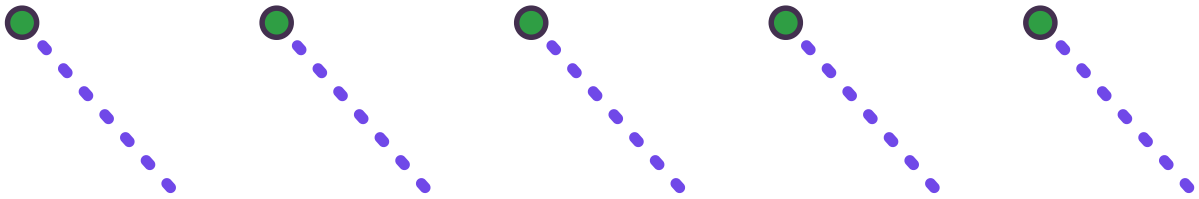
1. Rain falls down. Trace the lines from the cloud.



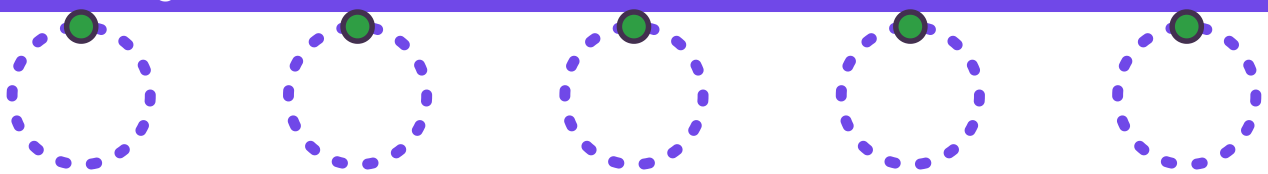
2. Fish swim across. Trace the lines to the end.



3. Slide down. Trace the slanted lines.



4. Balloons go round. Trace the circles.

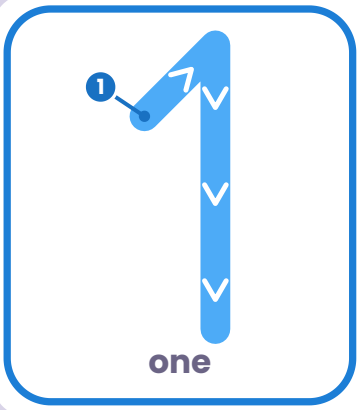


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Count 1, 2, 3

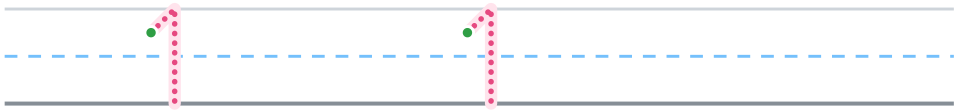
Name _____ **Date** _____

Count the pictures. Trace the number. Say it out loud.





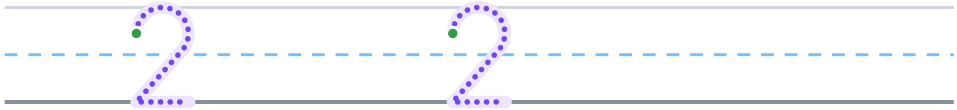
Count: 1

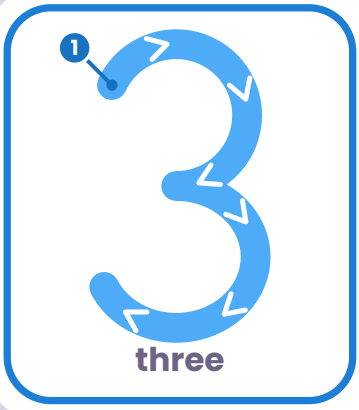






Count: 2







Count: 3



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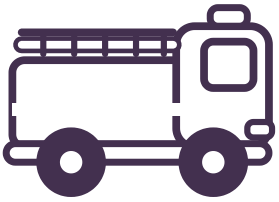
Red, Blue and Yellow

Name _____ **Date** _____

Color each group of pictures. Say the color word.



red





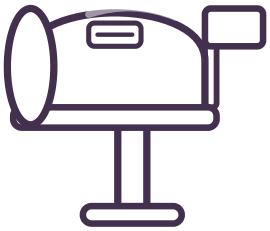


Color and trace.

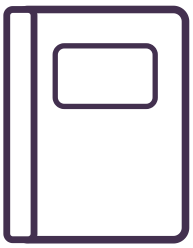
red red



blue

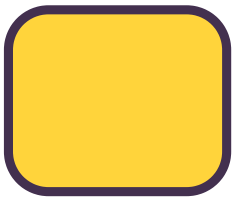






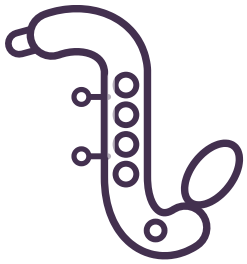
Color and trace.

blue blue



yellow







Color and trace.

yellow yellow

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My Favorite Things

Name _____ **Date** _____

Draw your favorite things. Tell a grown-up about each one.

My favorite animal

My favorite food

My favorite toy

My best friend

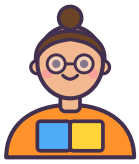
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My Classroom

Name _____ **Date** _____

Look around your classroom. What do you see?

In my classroom


teacher


friend

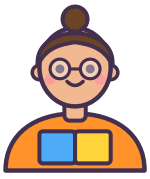

book


clock


window


door

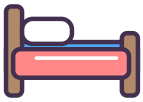
1. Circle the things you can find in a classroom.













2. Draw your classroom.

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My Day

Name _____ **Date** _____

Look at the pictures. Think about your day.

1. What happens first? Write 1, 2, 3, 4, 5, 6 to put the day in order.



Snack ☐



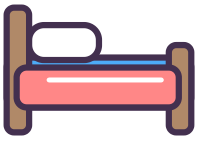
Go home ☐



Circle time ☐



Arrive ☐



Rest ☐



Play ☐

2. Draw your favorite part of the day.

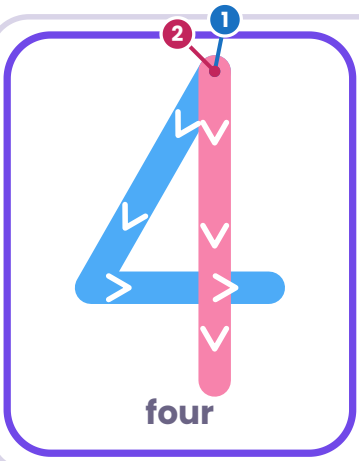
Tell a grown-up what you do at each time of the day.

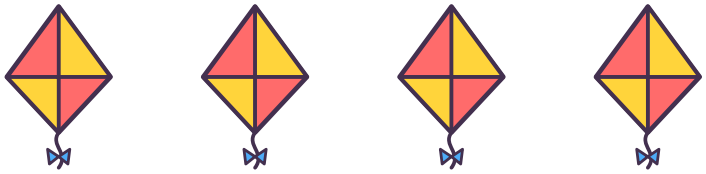
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Count to 5

Name _____ **Date** _____

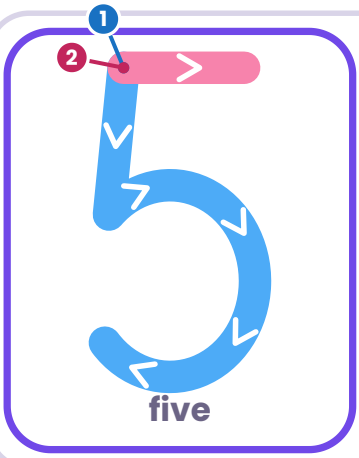
Count, trace and circle. Say each number as you touch it.





Count: 4

4 4





Count: 5

5 5

Count the stars. Circle the number.



3 4 5



3 4 5



3 4 5

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Classroom Rules

Name _____ **Date** _____

Rules help everyone feel safe and happy.

Our classroom rules. Read each rule out loud. Trace the word.



Use walking feet.

walk walk



Use listening ears.

listen listen



Use kind hands.

kind kind



Share with friends.

share share

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Zigzags and Loops

Name _____ **Date** _____

Follow the dots from the green dot. Go slowly and smoothly.

1. Mountains: trace the zigzags.



2. Curly ribbons: trace the loops.



3. Ocean: trace the waves.



4. Fish scales: trace the bumps.



5. Snail shell: trace the spiral.

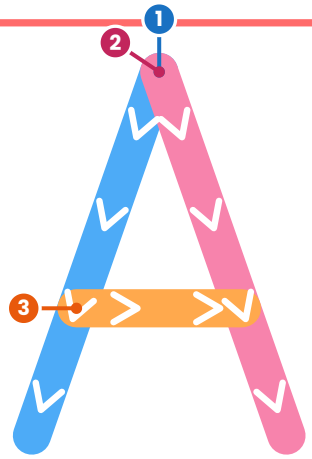


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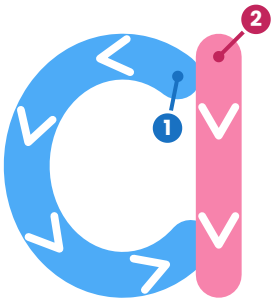
Meet the Letter A

Name _____ **Date** _____

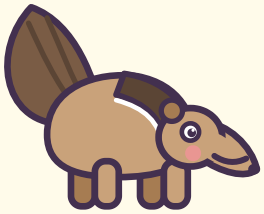
Say the sound. Follow the numbers and arrows. Trace A and a.



Capital letter



Small letter



A is for

anteater

Says /a/

Also starts with A:





Trace the capital letter

A A A A A

Trace the small letter

a a a a a

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Letter A Fun

Name _____ **Date** _____

Do the three activities. Say each word out loud.

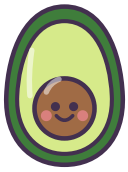
1. Find and circle the letters A and a

p	B	A	u	l	A
A	a	x	F	g	a

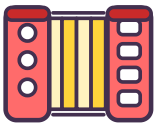
2. Circle the pictures that start with /a/



umpire



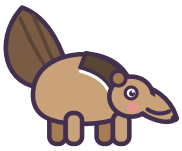
avocado



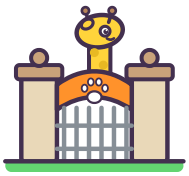
accordion



piano



anteater



zoo gate

3. Write the letters

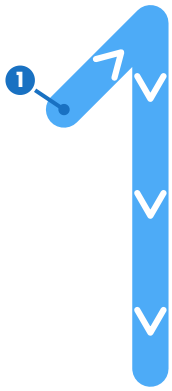


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Number 1

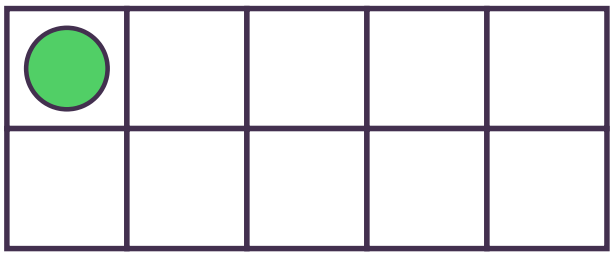
Name _____ **Date** _____

Count, trace and color. Say the number 1 out loud.



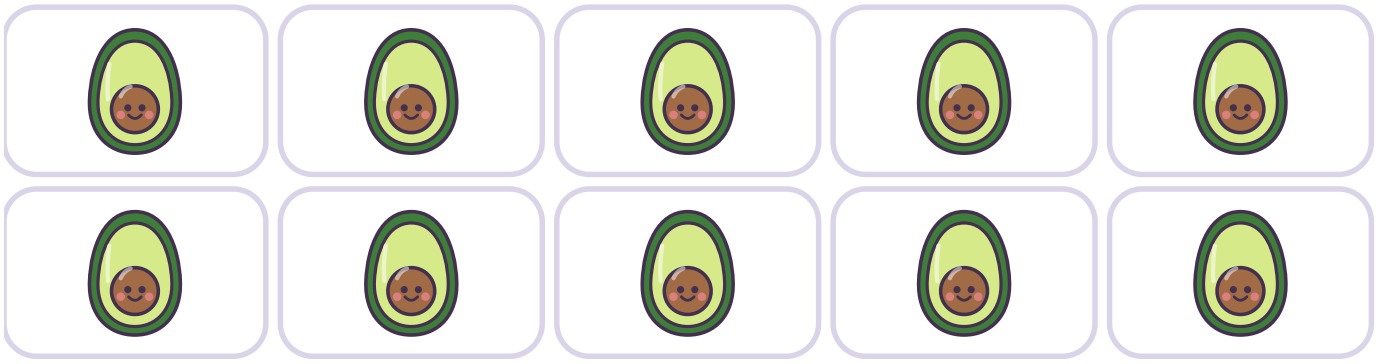
one

Ten frame



1 = one

1. Circle 1 avocados



2. Trace the number 1



3. Color 1 stars



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Red

Name _____ Date _____

Look at the color. Say its name. Color and circle.

red

Things that are red



fire truck · ketchup · telephone · barn

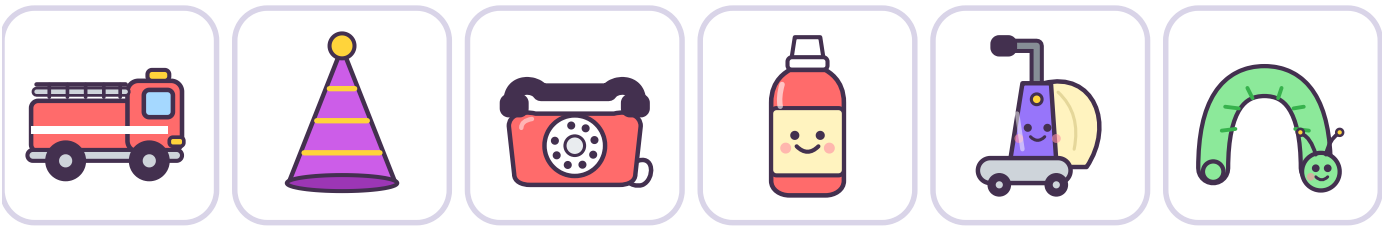
1. Trace the word red

red red red

2. Color the red things



3. Circle the red things



Home hunt: find three red things in your home.

Then draw one of them here →

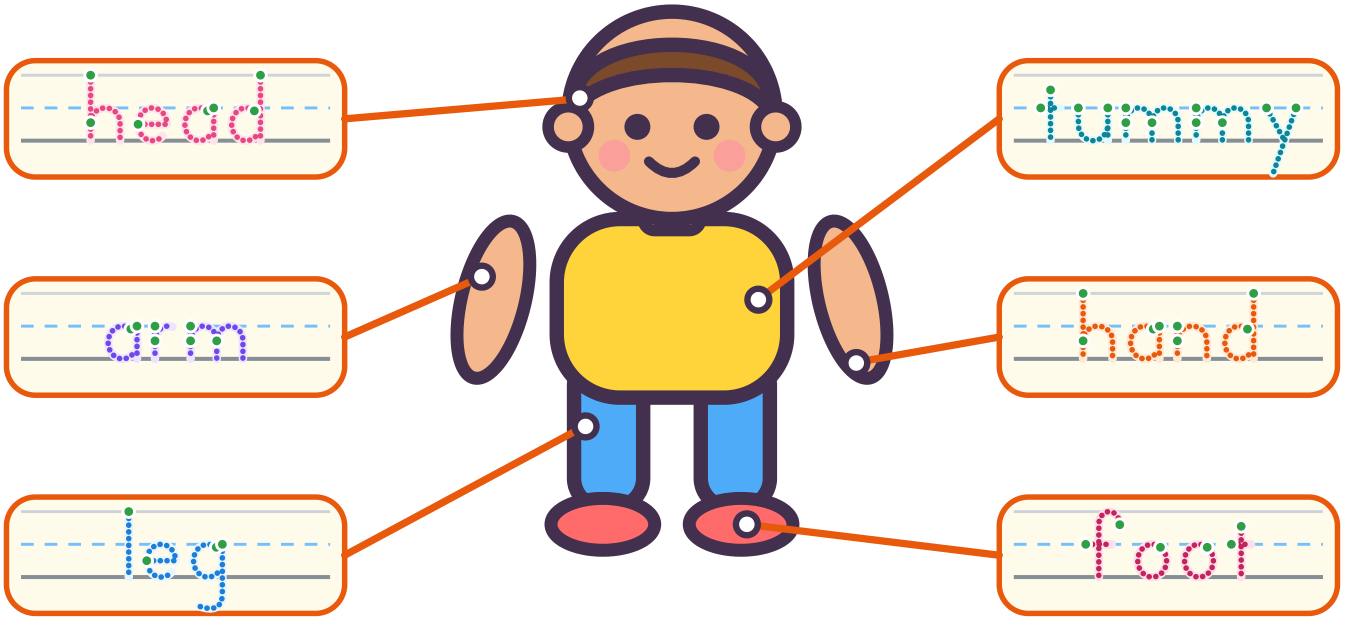
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My Body

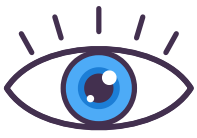
Name _____ **Date** _____

Say the body part. Trace the word. Count what you have.

1. Name the parts of my body. Trace the words.



2. How many do I have? Circle the number.



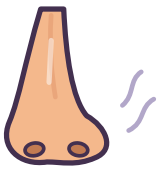
I have ___ eyes.

1 2 3



I have ___ ears.

1 2 3



I have ___ nose.

1 2 3



I have ___ hands.

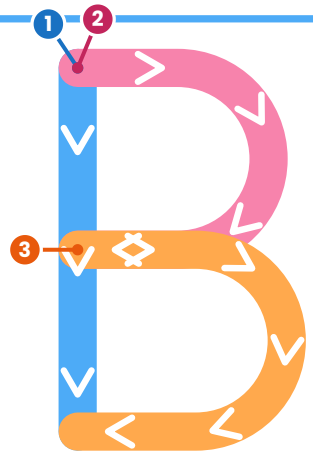
1 2 3

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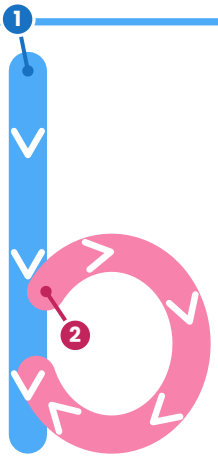
Meet the Letter B

Name _____ **Date** _____

Say the sound. Follow the numbers and arrows. Trace B and b.



Capital letter



Small letter



B is for

beaver

Says /b/

Also starts with B:





Trace the capital letter

B B B B B

Trace the small letter

b b b b b

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Letter B Fun

Name _____ **Date** _____

Do the three activities. Say each word out loud.

1. Find and circle the letters B and b

r	B	k	B	b	b
M	u	B	d	D	S

2. Circle the pictures that start with /b/



bagel



beaver



yam



camel



gumball machine



barn

3. Write the letters

B B

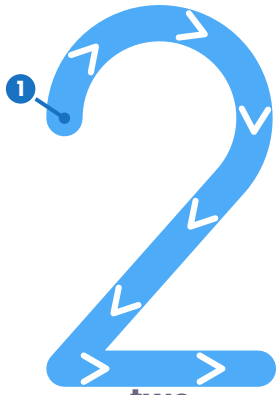
b b

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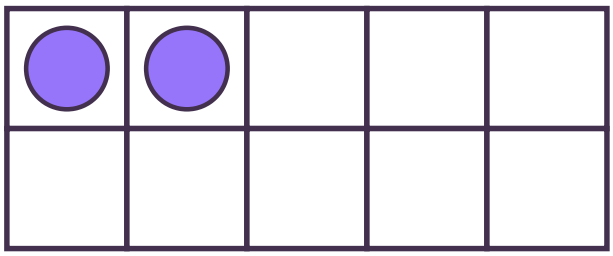
Number 2

Name _____ **Date** _____

Count, trace and color. Say the number 2 out loud.

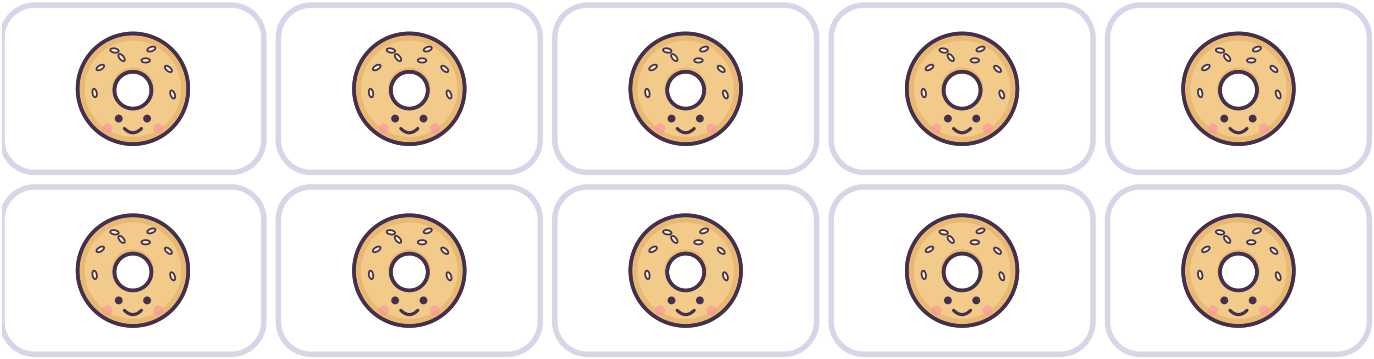


Ten frame



2 = two

1. Circle 2 bagels



2. Trace the number 2

2 2 2

3. Color 2 stars

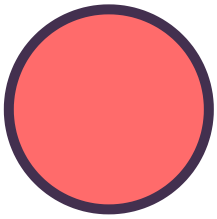


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Circle

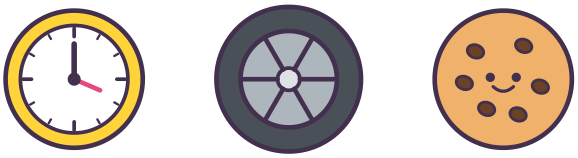
Name _____ **Date** _____

Trace the circle. Then find and color every circle in the picture.



Circle

Things shaped like a circle



clock wheel cookie

1. Trace the circle

2. Color all the circles

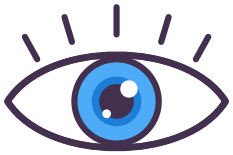


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My Senses: Seeing

Name _____ **Date** _____

Use your eyes! Look carefully, count and find what is different.



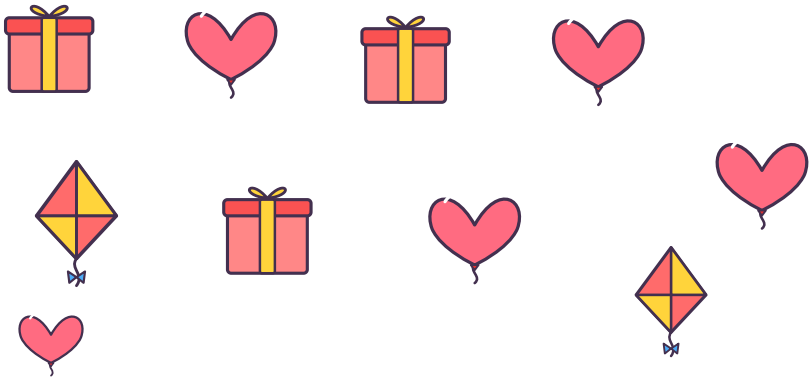
I see with my eyes.

I can see:






1. Count each thing. Circle the number.

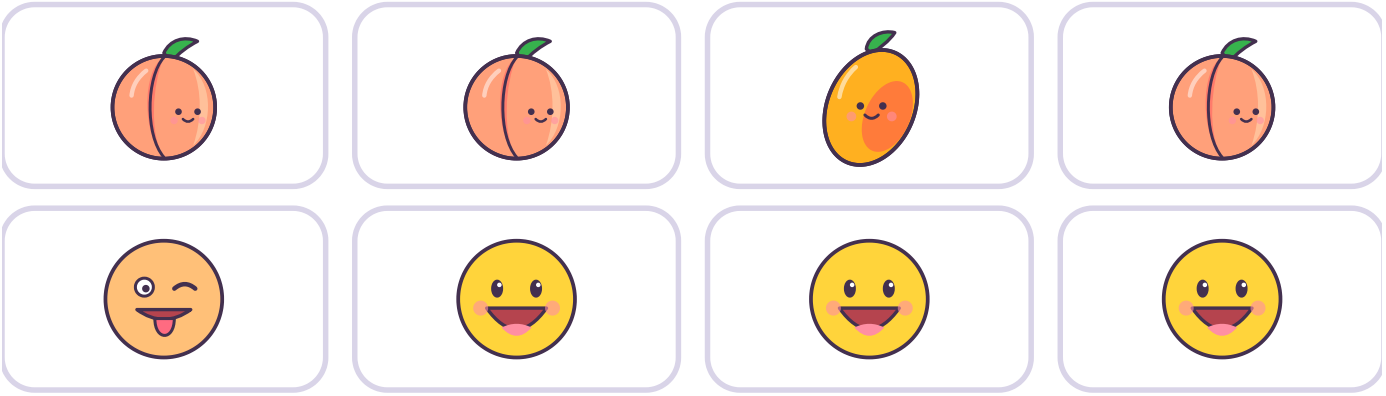



2 3 4


4 5 6


1 2 3

2. Which one is different? Put an X on it.

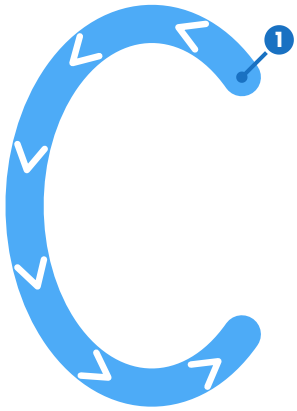


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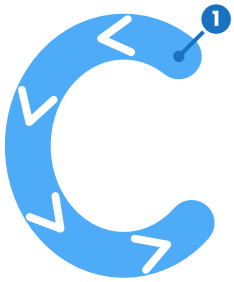
Meet the Letter C

Name _____ **Date** _____

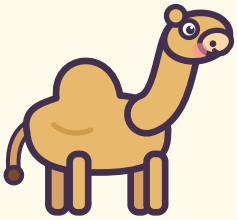
Say the sound. Follow the numbers and arrows. Trace C and c.



Capital letter



Small letter



C is for

camel

Says /k/

Also starts with C:





Trace the capital letter

C C C C C

Trace the small letter

c c c c c

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Letter C Fun

Name _____ **Date** _____

Do the three activities. Say each word out loud.

1. Find and circle the letters C and c

d	c	L	C	A	k
r	B	C	c	C	a

2. Circle the pictures that start with /k/



horse



camel



camera



candle



waffle



taco

3. Write the letters

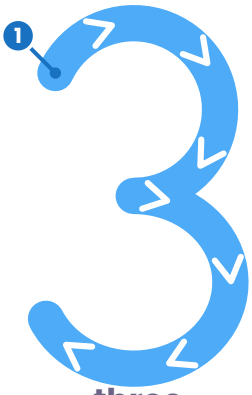


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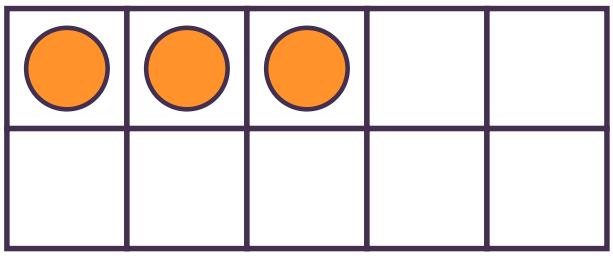
Number 3

Name _____ **Date** _____

Count, trace and color. Say the number 3 out loud.

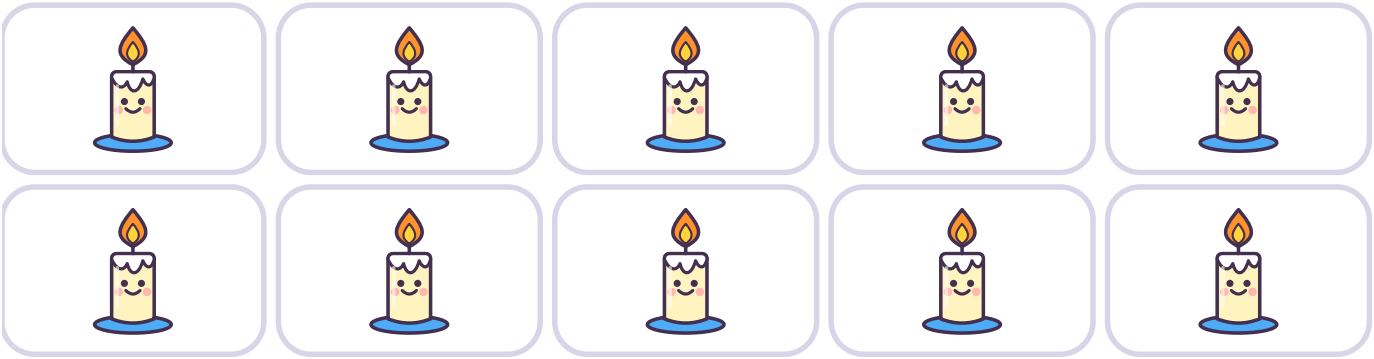


Ten frame



3 = three

1. Circle 3 candles



2. Trace the number 3



3. Color 3 stars

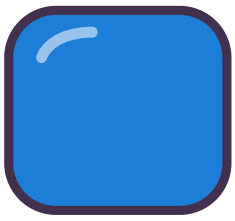


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Blue

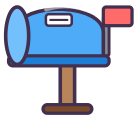
Name _____ **Date** _____

Look at the color. Say its name. Color and circle.



blue

Things that are blue



mailbox



mixer



kettle

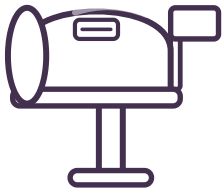


arrow

1. Trace the word blue

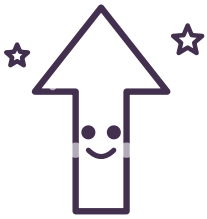
blue blue blue

2. Color the blue things



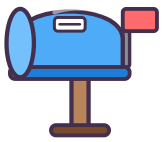






3. Circle the blue things













Home hunt: find three blue things in your home.

Then draw one of them here →

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My Senses: Hearing

Name _____ **Date** _____

Listen and think. Which things make a sound?



I hear with my ears.

My ears help me hear music, voices and sounds.

1. Circle the things that make a sound.








2. Loud or quiet? Draw a line to the right box.






LOUD

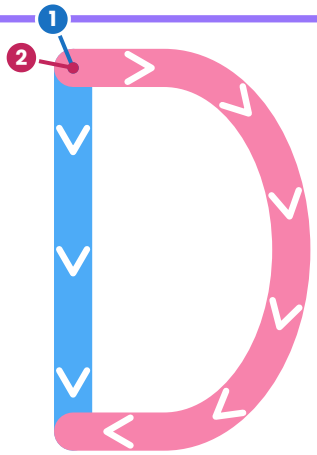
quiet

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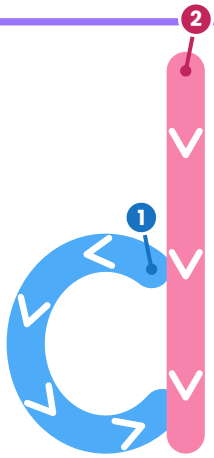
Meet the Letter D

Name _____ **Date** _____

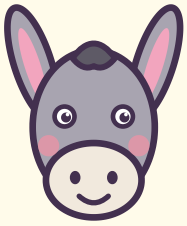
Say the sound. Follow the numbers and arrows. Trace D and d.



Capital letter



Small letter



D is for

donkey

Says /d/

Also starts with D:





Trace the capital letter

D D D D D

Trace the small letter

d d d d d

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Letter D Fun

Name _____ **Date** _____

Do the three activities. Say each word out loud.

1. Find and circle the letters D and d

z	m	B	D	K	d
D	D	f	X	d	P

2. Circle the pictures that start with /d/



necklace



dice



vulture



donkey



dumpling



goggles

3. Write the letters

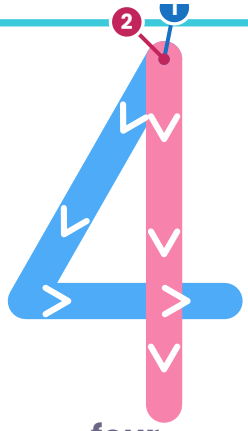


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Number 4

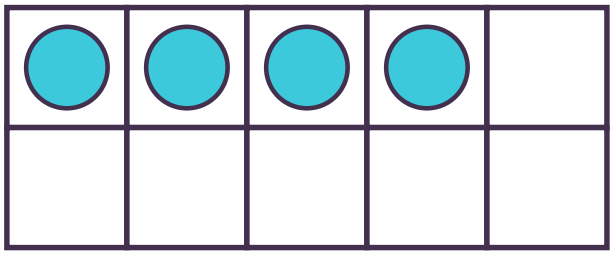
Name _____ **Date** _____

Count, trace and color. Say the number 4 out loud.



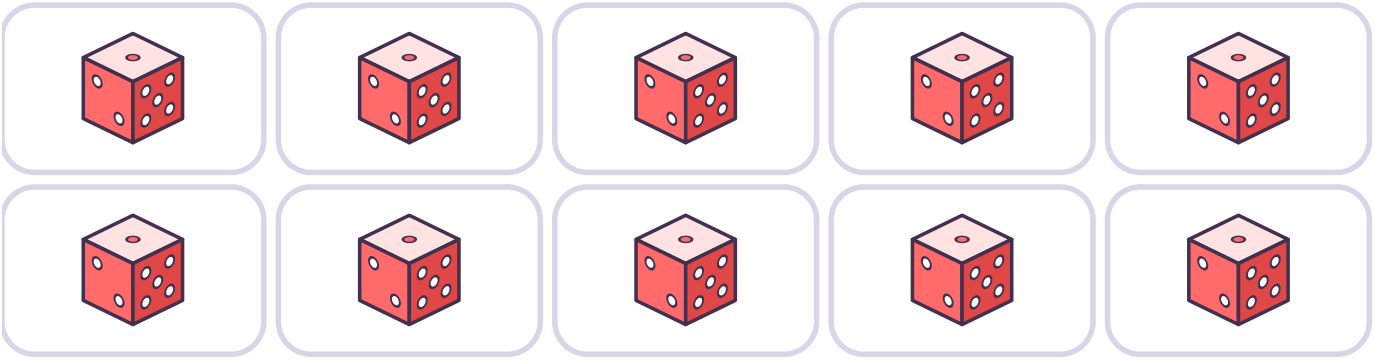
four

Ten frame



4 = four

1. Circle 4 dice



2. Trace the number 4



3. Color 4 stars



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Square

Name _____ **Date** _____

Trace the square. Then find and color every square in the picture.



Square

Things shaped like a square



window

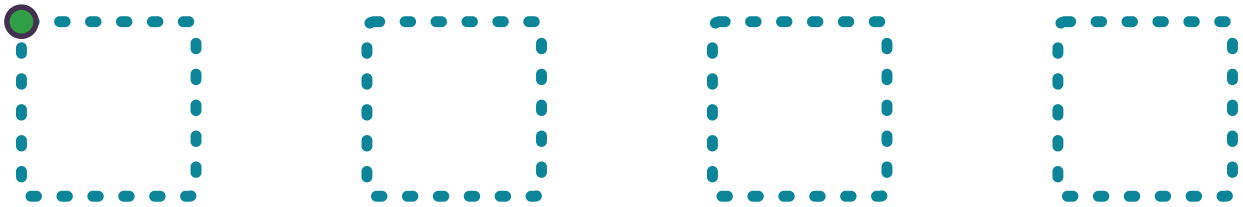


gift box

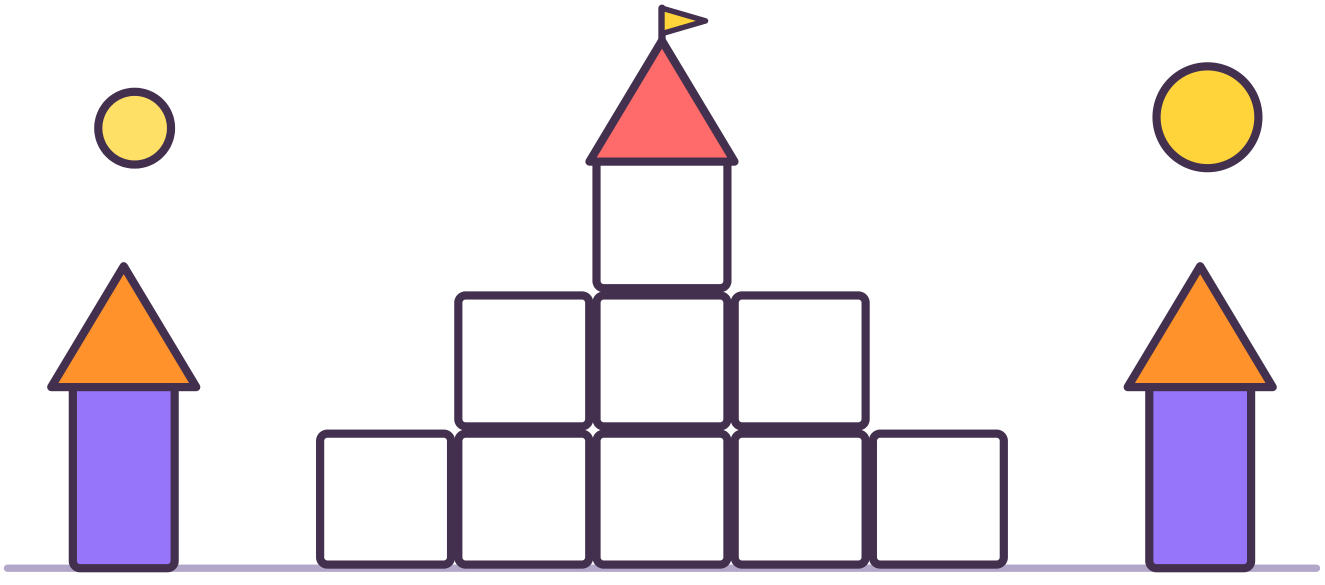


cracker

1. Trace the square



2. Color all the squares

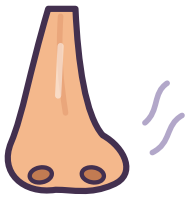


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My Senses: Smelling

Name _____ **Date** _____

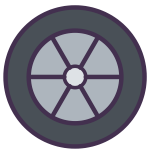
Use your nose! Think about what smells good.



I smell with my nose.

My nose helps me smell flowers and food.

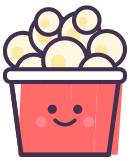
1. Circle the things with a yummy or flowery smell.













2. Draw something that smells good.

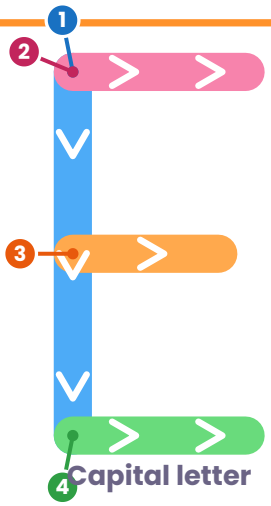
Draw here

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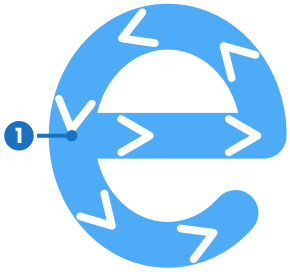
Meet the Letter E

Name _____ **Date** _____

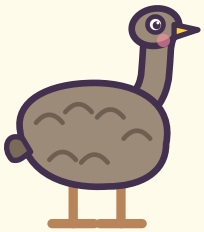
Say the sound. Follow the numbers and arrows. Trace E and e.



Capital letter



Small letter



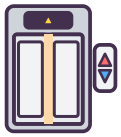
E is for

emu

Says /e/

Also starts with E:





Trace the capital letter

E E E E E

Trace the small letter

e e e e e

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Letter E Fun

Name _____ **Date** _____

Do the three activities. Say each word out loud.

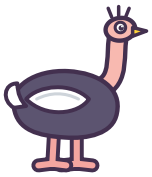
1. Find and circle the letters E and e

E	J	M	x	E	E
i	e	q	v	e	Q

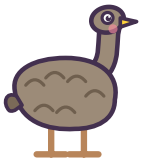
2. Circle the pictures that start with /e/



bagel



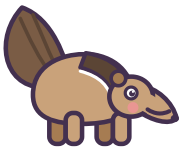
ostrich



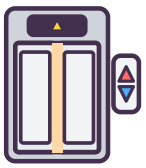
emu



elbow



anteater



elevator

3. Write the letters

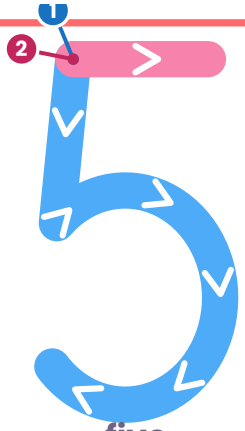


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Number 5

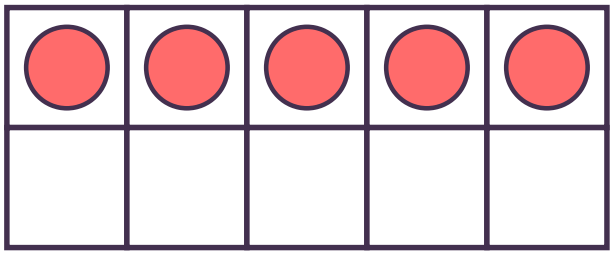
Name _____ **Date** _____

Count, trace and color. Say the number 5 out loud.



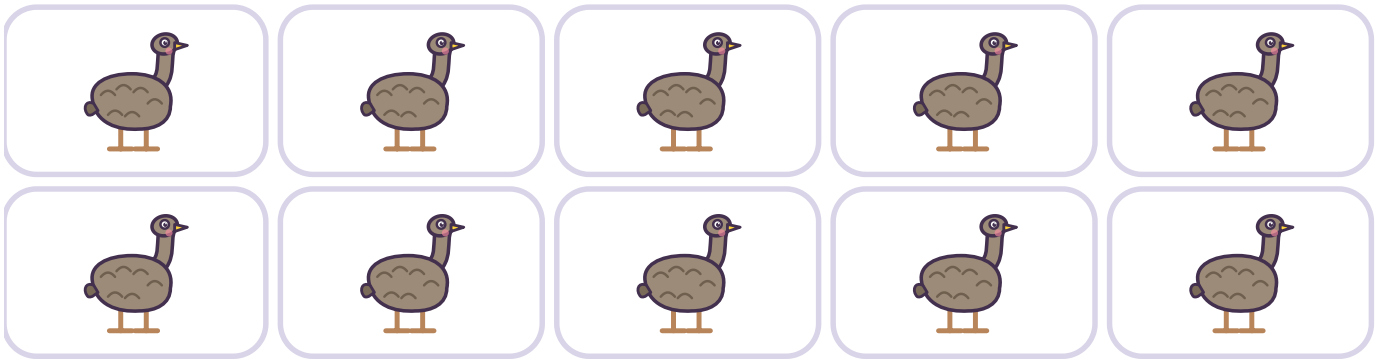
five

Ten frame



5 = five

1. Circle 5 emus



2. Trace the number 5



3. Color 5 stars



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Yellow

Name _____ **Date** _____

Look at the color. Say its name. Color and circle.

yellow

Things that are yellow


raincoat


saxophone

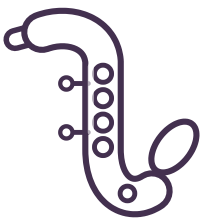
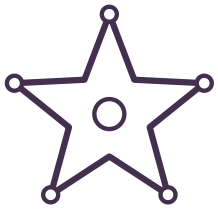
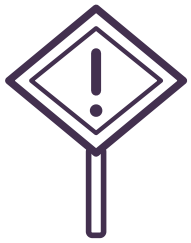

star badge


road sign

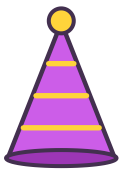
1. Trace the word yellow

yellow yellow

2. Color the yellow things

3. Circle the yellow things








Home hunt: find three yellow things in your home.

Then draw one of them here →

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My Senses: Tasting

Name _____ **Date** _____

Think about foods you can taste. Never taste what is not food.

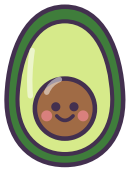
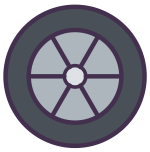


I taste with my tongue.

My tongue helps me taste sweet, salty and sour.

1. Circle the things you can eat. Never taste things that are not food!





2. Crunchy or soft? Draw a line to the right box.






crunchy	soft

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Alphabet Review: A to E

Name _____ **Date** _____

Review the letters you learned. Say each sound out loud.

1. Say the sound. Trace each pair of letters. Then write them yourself.



anteater /a/ A a



beaver /b/ B b



camel /k/ C c



donkey /d/ D d



emu /e/ E e

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Match the Letters

Name _____ **Date** _____

Draw lines to match. Say each letter and each sound.

1. Draw a line from each capital letter to its small letter.

A	d
B	a
C	e
D	c
E	b

2. Draw a line from each letter to a picture that starts with its sound.

A	
B	
C	
D	
E	

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Count and Trace

Name _____ **Date** _____

Count, trace and write. Say each number out loud.

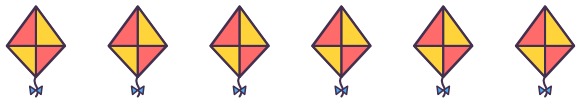
1. Count the pictures. Circle the number.



1 2 3



3 4 5



5 6 7



7 8 9

2. Trace the numbers 1 to 10.

1 2 3 4 5

6 7 8 9 10

3. Write the missing number.

2	3		5	6

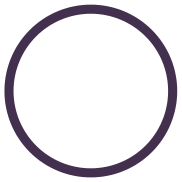
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Shapes and Colors Review

Name _____ **Date** _____

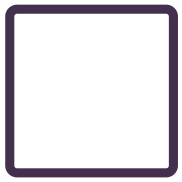
Name each shape. Color it, count it and trace it.

1. Color each shape. Use the color word under it.



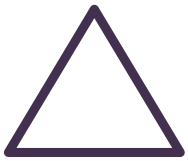
circle

color it red



square

color it blue



triangle

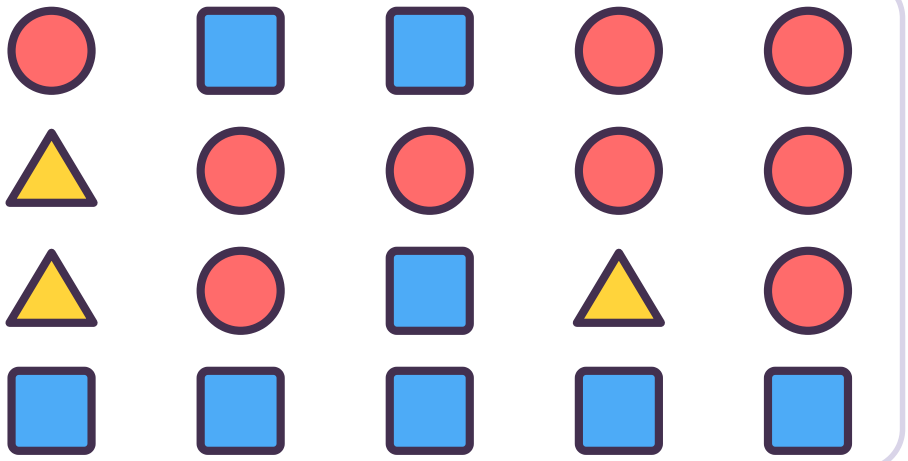
color it yellow

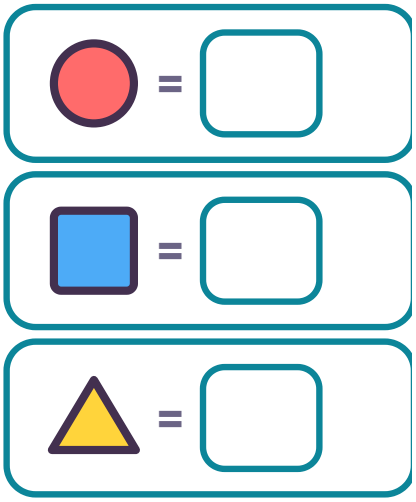


rectangle

color it orange

2. Count the shapes. Write how many of each.





3. Trace the shapes.



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Pencil and Scissors Skills

Name _____ **Date** _____

Trace lines with your pencil. Cut lines with scissors. Go slowly.

1. Hold your pencil. Follow the dots. Start at the green dot.

Trace the long lines



Trace the zigzags



Trace the waves



Trace the loops



Trace the bumps



2. Ask a grown-up to help you cut along the dashed lines.

straight line



zigzag line



wavy line



circle: cut all the way around







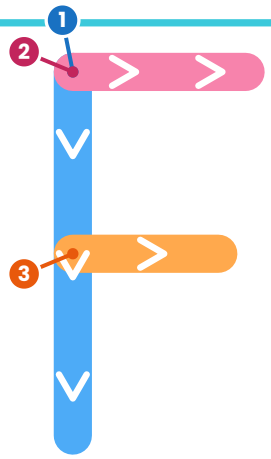


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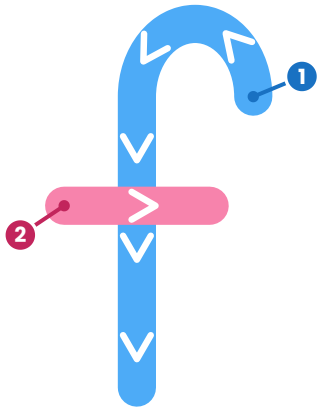
Meet the Letter F

Name _____ **Date** _____

Say the sound. Follow the numbers and arrows. Trace F and f.



Capital letter



Small letter



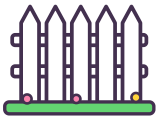
F is for

fire truck

Says /f/

Also starts with F:





Trace the capital letter

F F F F F

Trace the small letter

f f f f f

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Letter F Fun

Name _____ **Date** _____

Do the three activities. Say each word out loud.

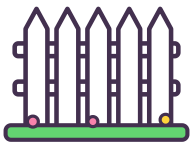
1. Find and circle the letters F and f

n	D	V	f	Q	u
w	F	s	F	f	F

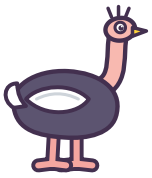
2. Circle the pictures that start with /f/



fig



fence



ostrich



moose



insect



fire truck

3. Write the letters

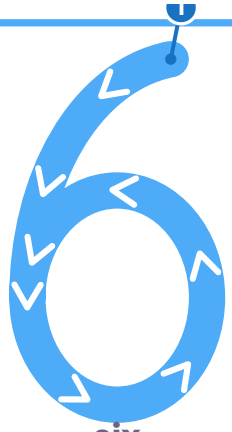


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Number 6

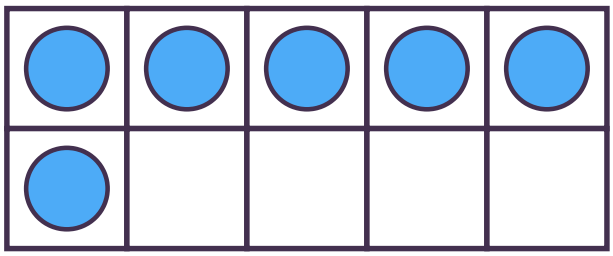
Name _____ **Date** _____

Count, trace and color. Say the number 6 out loud.



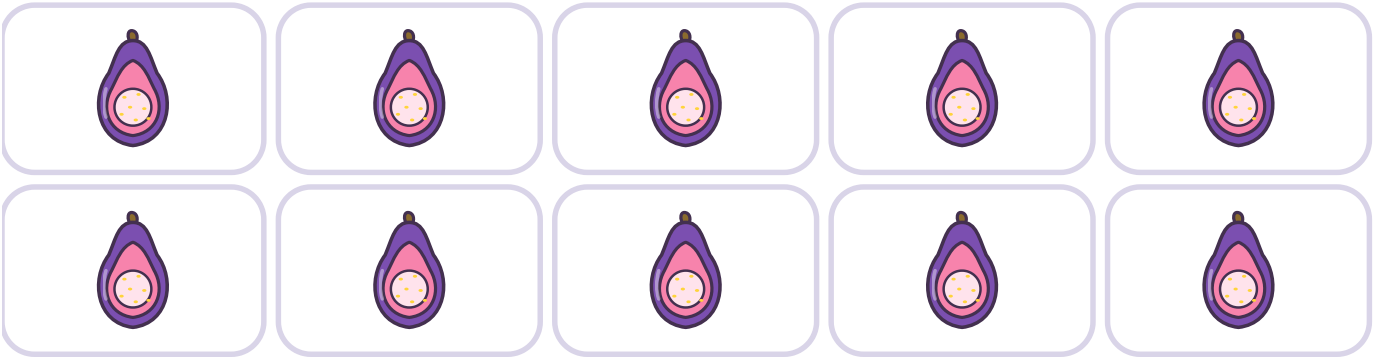
six

Ten frame



6 = six

1. Circle 6 figs



2. Trace the number 6



3. Color 6 stars

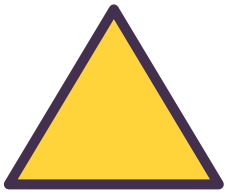


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Triangle

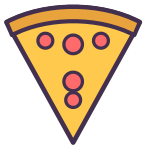
Name _____ **Date** _____

Trace the triangle. Then find and color every triangle in the picture.

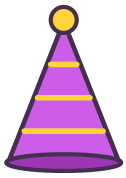


Triangle

Things shaped like a triangle



pizza slice



party hat



tent

1. Trace the triangle



2. Color all the triangles



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My Senses: Touching

Name _____ **Date** _____

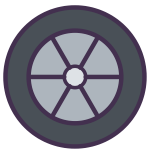
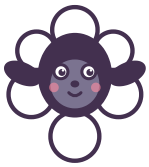
Think about how things feel when you touch them.



I touch with my hands.

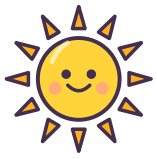
My skin helps me feel soft, hard, hot and cold.

1. Circle the SOFT things. Put an X on the HARD things.




2. Hot or cold? Draw a line to the right box.






hot

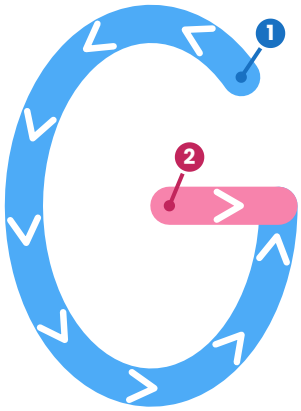
cold

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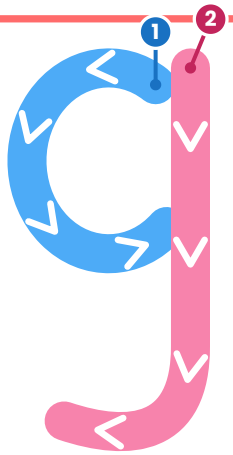
Meet the Letter G

Name _____ **Date** _____

Say the sound. Follow the numbers and arrows. Trace G and g.



Capital letter



Small letter



G is for

gorilla

Says /g/

Also starts with G:





Trace the capital letter

G G G G G

Trace the small letter

g g g g g

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Letter G Fun

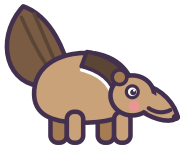
Name _____ **Date** _____

Do the three activities. Say each word out loud.

1. Find and circle the letters G and g

a	L	G	U	R	j
e	G	z	g	G	g

2. Circle the pictures that start with /g/



anteater



gorilla



fig



goggles



gumball machine



saxophone

3. Write the letters

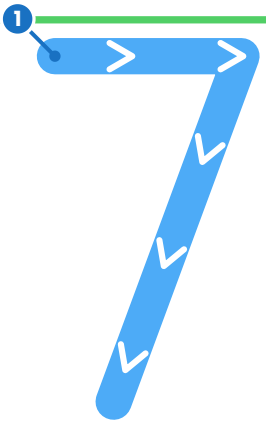


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Number 7

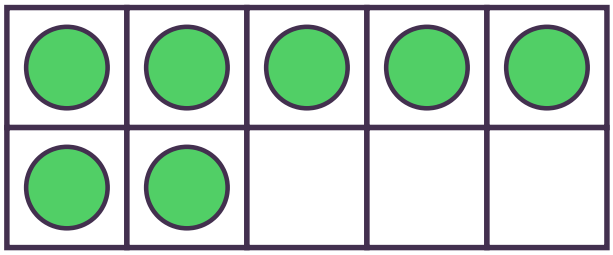
Name _____ **Date** _____

Count, trace and color. Say the number 7 out loud.



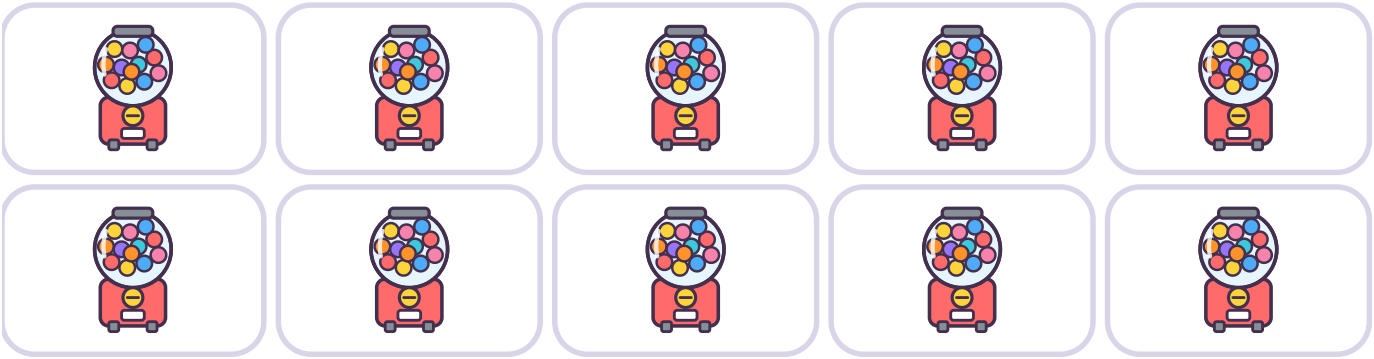
seven

Ten frame



7 = seven

1. Circle 7 gumball machines



2. Trace the number 7



3. Color 7 stars



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Green

Name _____ **Date** _____

Look at the color. Say its name. Color and circle.

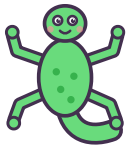


green

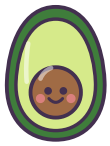
Things that are green



inchworm



lizard



avocado

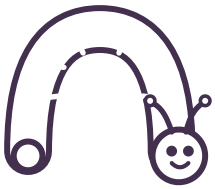


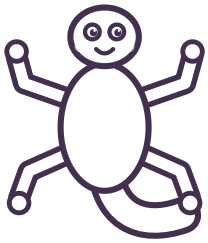
celery

1. Trace the word green

green green

2. Color the green things







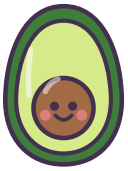


3. Circle the green things

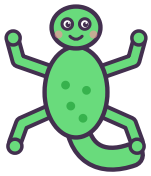












Home hunt: find three green things in your home.

Then draw one of them here →

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My Feelings

Name _____ **Date** _____

Feelings are okay. Name each feeling and talk about it.

Feelings faces



happy | sad | angry | surprised | scared | sleepy

1. How do they feel? Circle the face.

Mia gets a birthday gift.			
Ben drops his ice cream.			
There is a loud thunder boom!			

2. Draw the face.

Draw a happy face.

Draw a sad face.

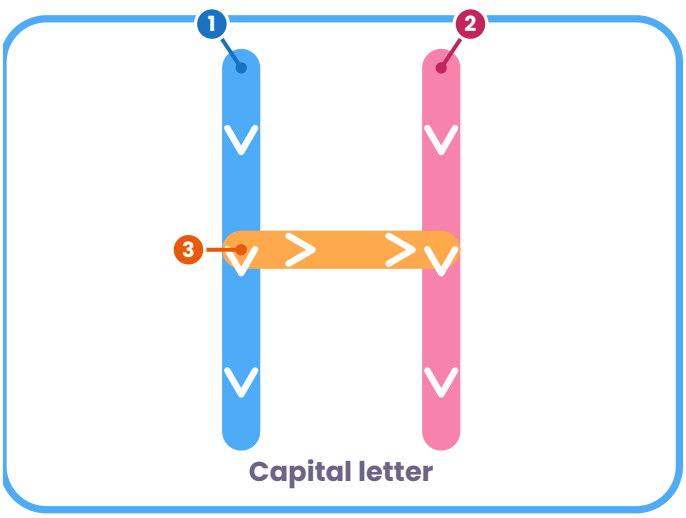
Draw a silly face.

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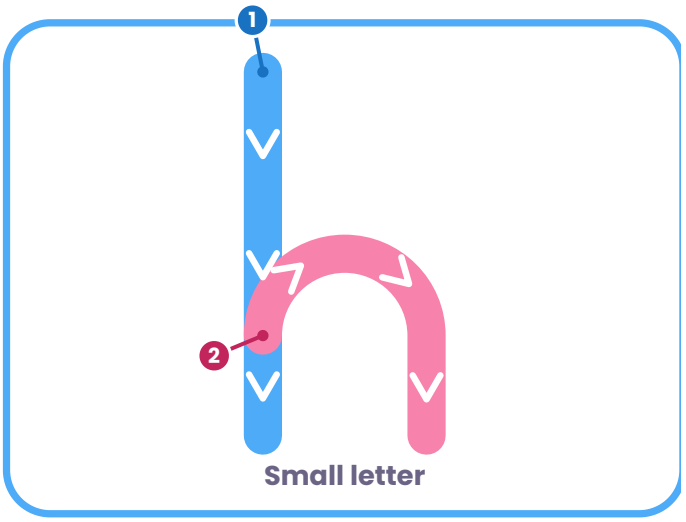
Meet the Letter H

Name _____ **Date** _____

Say the sound. Follow the numbers and arrows. Trace H and h.



Capital letter



Small letter



H is for

horse

Says /h/

Also starts with H:





Trace the capital letter

H H H H H

Trace the small letter

h h h h h

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Letter H Fun

Name _____ **Date** _____

Do the three activities. Say each word out loud.

1. Find and circle the letters H and h

h	y	H	o	w	K
G	h	D	H	j	H

2. Circle the pictures that start with /h/



horse



hamburger



piano



beaver



vulture



helicopter

3. Write the letters

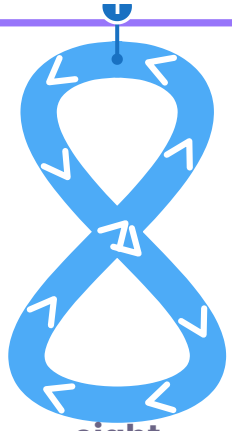


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Number 8

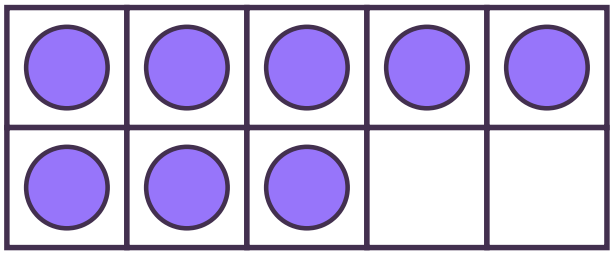
Name _____ **Date** _____

Count, trace and color. Say the number 8 out loud.



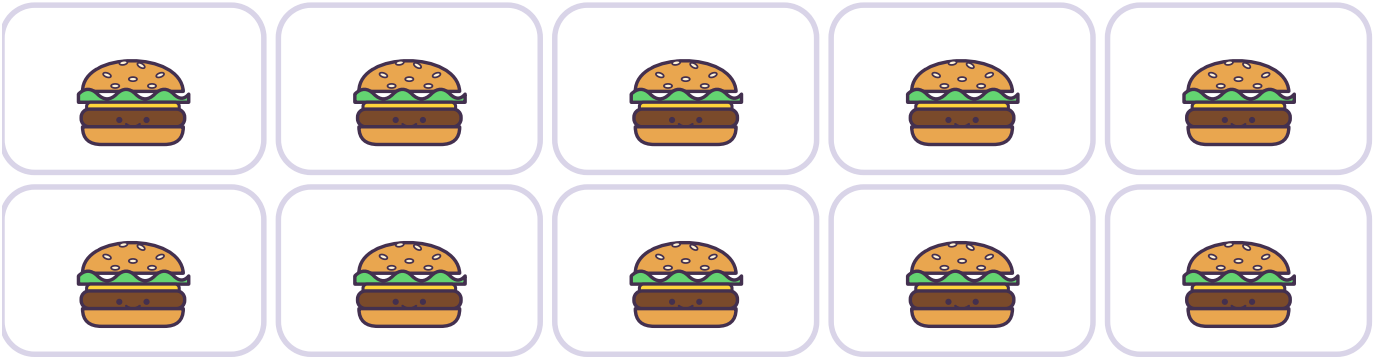
eight

Ten frame



8 = eight

1. Circle 8 hamburgers



2. Trace the number 8



3. Color 8 stars



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Rectangle

Name _____ **Date** _____

Trace the rectangle. Then find and color every rectangle in the picture.



Rectangle

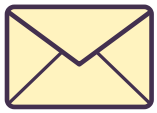
Things shaped like a rectangle



door

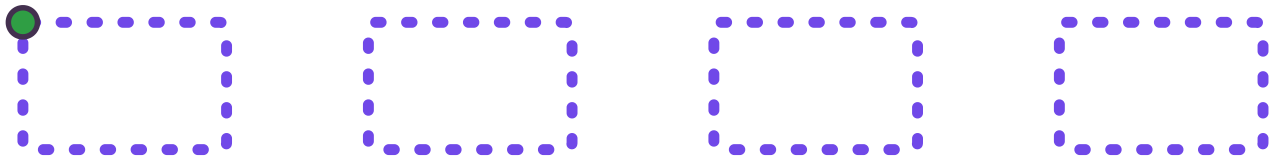


book

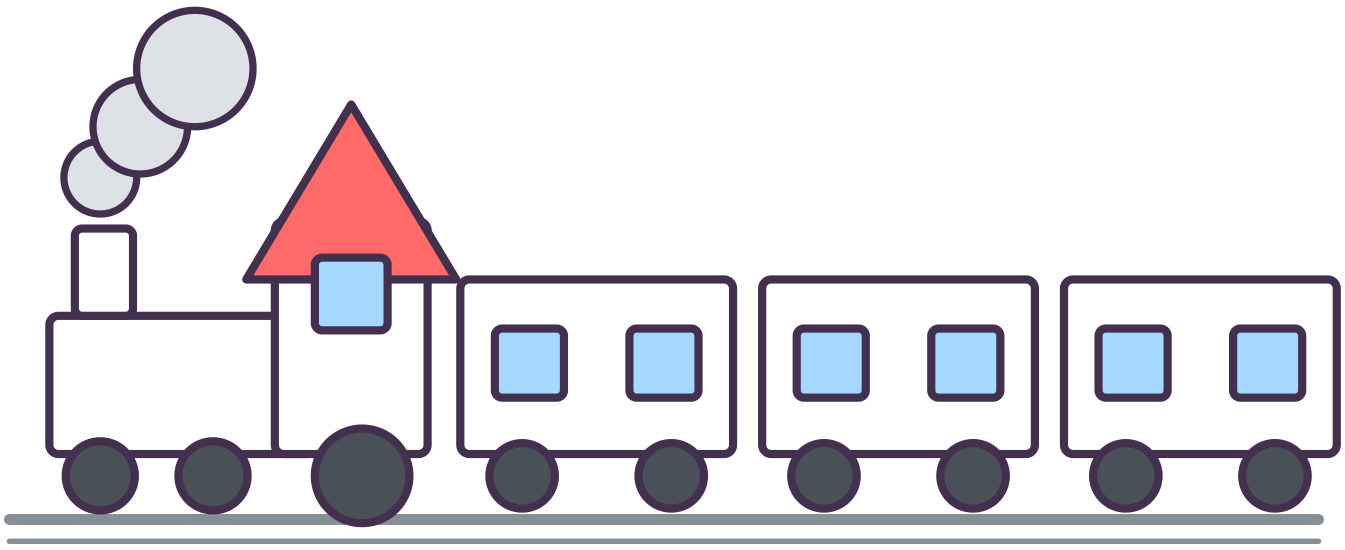


envelope

1. Trace the rectangle



2. Color all the rectangles



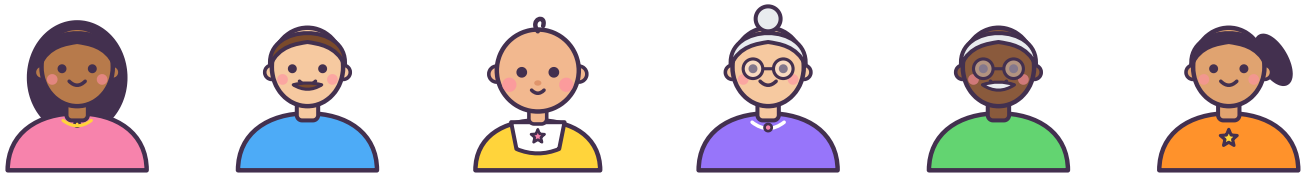
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My Family

Name _____ **Date** _____

Say the family words. Trace them. Draw the people you love.

My family



mom dad baby grandma grandpa me

1. Trace the family words.



mom mom



dad dad



baby baby

2. Draw your family. How many people are in it?

We are ____ people.

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Meet the Letter I

Name _____ **Date** _____

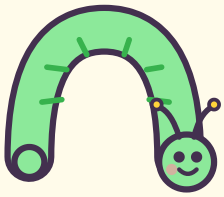
Say the sound. Follow the numbers and arrows. Trace I and i.



Capital letter



Small letter



I is for

inchworm

Says /i/

Also starts with I:





Trace the capital letter

Trace the small letter

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Letter I Fun

Name _____ **Date** _____

Do the three activities. Say each word out loud.

1. Find and circle the letters I and i

l	g	l	d	i	h
I	X	i	l	G	U

2. Circle the pictures that start with /i/



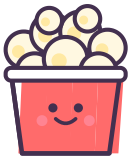
zinnia



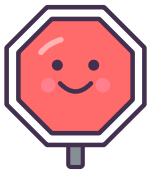
invitation



insect



popcorn



octagon sign



inchworm

3. Write the letters

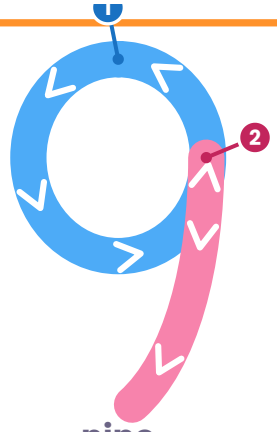


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Number 9

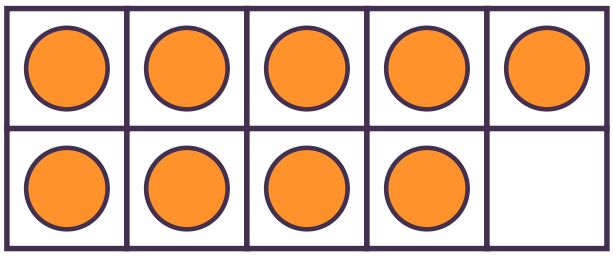
Name _____ **Date** _____

Count, trace and color. Say the number 9 out loud.



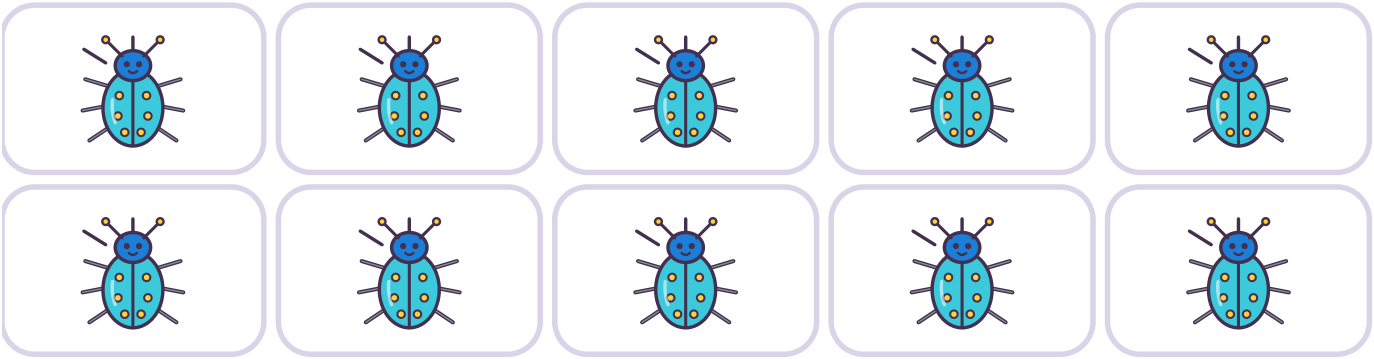
nine

Ten frame



9 = nine

1. Circle 9 insects



2. Trace the number 9



3. Color 9 stars



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Orange

Name _____ **Date** _____

Look at the color. Say its name. Color and circle.

orange

Things that are orange



jeep seahorse tent starfish

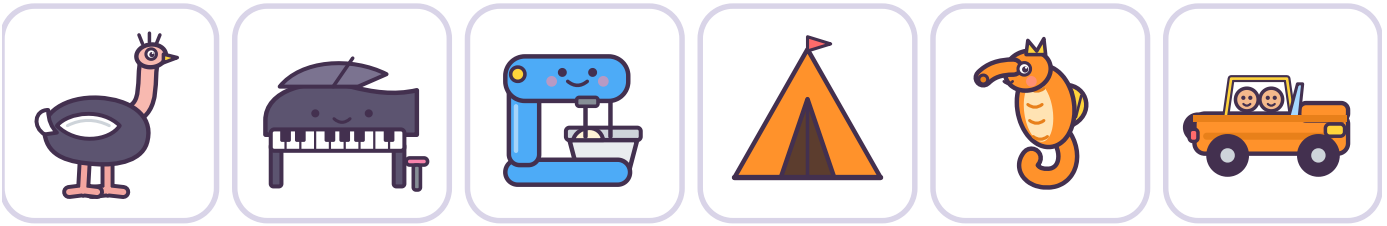
1. Trace the word orange

orange

2. Color the orange things



3. Circle the orange things



Home hunt: find three orange things in your home.

Then draw one of them here →

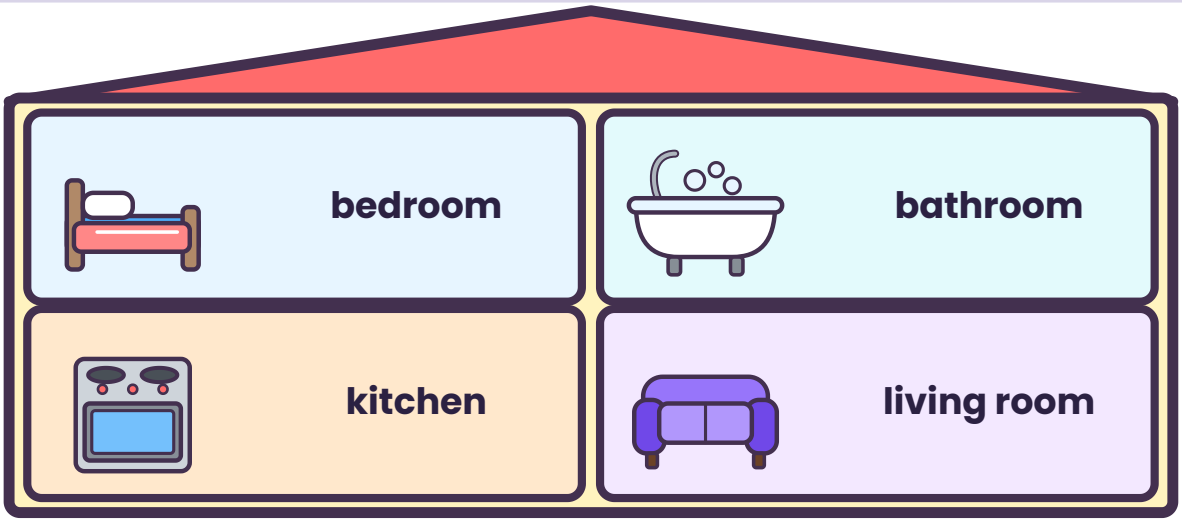
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My Home

Name _____ **Date** _____

Look inside the house. What do you do in each room?

1. Look at the rooms in the house. Say what you do in each room.



2. Draw a line from the thing to its room.









kitchen

bedroom

living room

bathroom

3. Draw your favorite room at home.

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Workbook 1 Complete!

Time for a big cheer!

Workbook 1 Complete!

Great work! You finished all of these pages.

_____

(child's name)

My favorite page was:

_____



Next: Workbook 2!

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