Art and Creativity

One playful activity each day • Ages and abilities vary

COMPLETE ONE SMALL CHALLENGE EACH DAY

1 Draw a sun	2 Color a flower	3 Make a paper collage
4 Draw your family	5 Stamp with a sponge	6 Trace an animal
7 Draw a happy face	8 Create a color pattern	9 Paint a rainbow
10 Make a paper crown	11 Draw a big tree	12 Color five shapes
13 Paint with cotton swabs	14 Draw a rocket	15 Create a mini comic
16 Make a handprint	17 Cut and paste circles	18 Draw a butterfly
19 Build a paper house	20 Draw your favorite food	21 Create a greeting card
22 Sketch your shoes	23 Make a paper flower	24 Color a dinosaur
25 Decorate your initials	26 Draw an ocean scene	27 Create a silly monster
28 Make a shape animal	29 Show your favorite art	30 Create a gallery wall

Tick each card as you finish it. Adapt any task to the child's needs.