Little Hands Practice

One playful activity each day • Ages and abilities vary

COMPLETE ONE SMALL CHALLENGE EACH DAY

1 Trace a straight line	2 Draw five dots	3 Make a zigzag
4 Trace a wavy line	5 Draw a spiral	6 Cut a paper strip
7 Roll play dough	8 Pinch tiny clay balls	9 Color inside a circle
10 Draw a big loop	11 Trace a heart	12 Connect five dots
13 Make a bead pattern	14 Stack five blocks	15 Draw vertical lines
16 Draw horizontal lines	17 Tear small paper squares	18 Trace a square
19 Draw three stars	20 Make a paper chain	21 Trace your first name
22 Make a dotted path	23 Draw a rainbow arc	24 Use tongs to sort
25 Fold a paper square	26 Draw a checker pattern	27 Create a line maze
28 Build a shape with clay	29 Trace letters A-C	30 Draw your favorite shape

Tick each card as you finish it. Adapt any task to the child's needs.